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## 2023: Reflect and Renew

### 2023 Reflections

So far what are your biggest triumphs this year?

What is your biggest piece of unfinished business?

What do you need to finish them?



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## For the rest of 2023

It is New Year's Eve, you are looking back over 2023 what have you achieved in Q4 of 2023. How do you feel? What are you proud of?



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How are you going to make it happen?

What are the specific actions you need to achieve this?

Who can help you?

What are you going to do this week?



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## Looking Forward to 2024

What advice would you give yourself to prepare for 2024?